GSCCC Celebrates National Ice Cream Day 2020! Sunday July 19, 2020

July is National Ice Cream Month, and this year's National Ice Cream Day is on Sunday July 19.

Try some of the following activities.

DIY Ice Cream

Create a new flavor or one of your favorites with this easy ice cream recipe.

Ingredients:

- I tablespoon granulated sugar
- 1/2 cup of whipping cream OR 1/2 cup of half and half
- ¼ teaspoon vanilla extract (Other options: almond, peppermint, orange, lemon or maple extract)
- 6 tablespoons rock salt OR 6 tablespoons kosher salt
- 2 pint size ziplock bags
- 1 gallon ziplock bags
- A bunch of ice
- A variety of toppings of your choice

Directions:

Please read through the instructions thoroughly before beginning

- Fill one of the pint size bags with the cream, vanilla, and sugar, push out excess air and seal the bag.
- Using the other pint size bag, double bag the first bag to prevent messy leakage.
- Place enough ice in the gallon bag until it is halfway full. Then add the salt.
- Place the doubled pint size bag inside the gallon bag with ice and salt. Make sure that both the bags are still sealed tightly.
- Shake the bags for about 10 minutes, until you see ice cream taking shape in the small bag. It is advisable to wear gloves while performing this step, because your hands may get cold.
- Remove your ice cream from the bag; add your favorite toppings. Enjoy!
- Take a photo or video of your ice cream making and send to <u>media@girlscoutsccc.org</u>.
 Remember to include your name, troop # or city.

Create Your Family's Signature Sundae

- Gather your family around the table and create something special that incorporates everyone's favorite flavors.
- Looking for some inspiration? Sundae Ideas
- Name your signature sundae.
- Once you're done, be sure to share your creation with your Girl Scout friends. Send your photo or video to girlscoutsccc.org. Remember to include your name, Troop # or city and the name of your signature sundae.

Ice Cream Trivia

Have you ever wondered how many gallons of milk it takes to make one gallon of ice cream? Do you know how and why the first ice cream cones came about? If you are a trivia buff, or want some interesting facts about ice cream, check out these links.

- <u>Ice Cream Trivia</u>
- What's the scoop with ice cream?
- <u>Ice Cream Quiz What flavor are you?</u>